

## CURRICULUM VITAE



Name (in block letters) : BEBINUR BEGUM  
Designation : SACT Category-1  
Department : Physical Education  
E-mail : **bebinurbegum3490@gmail.com**  
Mobile : 7699399275 / 8777355587  
Address of the institution : Srikrishna College, Bagula, Nadia  
Educational Qualification : M.P.Ed 2016 from University of Kalyani .  
West Bengal SET, 2018  
Date of Initial Engagement : 28.11.2016

### Courses /Subjects Taught:

1. Sociological Foundation
2. Role of games and sports in National and International harmony
3. Brief historical background of Asian Games, Commonwealth Games and SAF Games
4. Blood Pressure, Athletic Heart and Bradycardia
5. Structure and function of Respiratory organs
6. Warming up and cooling down
7. Periodisation

### Research Paper Publication:(International & National Journal)

SL No	Journal Type	Title of Paper	Authorship	Published in	ISSN/ISBN No	Year
1.	Publication	Sociological and Psychological Wellness of Aged Women	Co-author(3)	N.B.Publications	ISBN:978-93-89234-62-6	2020
2.	Publication	Lifestyle of Aged Women	Co-author(2)	AnandPrakasha	ISBN:978-81-8890-88-4	2016

### **Seminar Attended:**

1. Five-days International Seminar on “**International Conference on Physical Education, Yoga and Sports Science in 2020’s era**” by State Institute of Physical Education for Women, 12 to 17 January,2020.
2. One day State Level Seminar on “**Impact of GST on Indian Economy**” 15<sup>th</sup> January 2020 by the Department of Commerce, Srikrishna College, Bagula .
3. One day International Seminar on “**Trends, Issues and Development in Physical Education& Sports Sciences**” by IQAC &Department of Physical Education, Sree Chaitanya Mahavidyalaya, Habra, 20<sup>th</sup> September, 2019.
4. Two days UGC Sponsored National Seminar on “**Contemporary Issues in Indian Education**”byDepartment of Education,HaringhataMahavidyalaya, 28 &29 September, 2016.
5. Two days UGC Sponsored National Seminar on “**Climate Change :Issues and Challenges to Society, Environment and Developmnt**” by Department of Geography, HaringhataMahavidyalaya, 23&24 September, 2016.

### **Webinar Attended:**

1. One day International Webinar on “**Strengthening of Mental Health through Music and Yoga in COVID 19 Pandemic**” by Development of Music in collaboration with Development of Physical Education and Research Cell ,MugberiaGangadharaMahavidyalaya, Bhupatinagar,Purba Medinipur,24 th August,2020.
2. One day International Webinar on “**Importance of Traditional Yogic Practice in the New Normal Situation**” by Union Christian Training College , Berhampore, Murshidabad,5<sup>th</sup> September 2020.
3. One day National LevelWebinar on “**Student Life During the Pandemic:Challenges and Responsibilities**” by IQAC ,ChatraRamiaPanditMahavidyalaya on 8<sup>th</sup> September ,2020.

### **Workshop Attended:**

1. Two days National Webinar cum Workshop on Athletics from 13<sup>th</sup> to 14<sup>th</sup> December 2020, conducted by the Sports Department Mizoram University ,Aizawl.

### **Declaration:**

I hereby declare that above information in this application are true, complete and correct to the best of my knowledge & belief.

Bebinur Begum

Place: Hooghly

Date:19.03.2021

Yours Sincerely