

## CURRICULUM VITAE

(Updated: 15.02.2021)

Name : **MR. SAJAL MODAK**  
Designation : State Aided College Teacher  
Department : Department of Physical Education  
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Address : Department of Physical Education, Srikrishna  
College, Bagula, Nadia, West Bengal, India. Pin-741502.

### EDUCATIONAL QUALIFICATION

SL. NO	NAME OF THE EXAM	YEAR	BOARD/ UNIVERSITY	INSTITUTION	TOTAL MARKS	OBTAINED MARKS	PERSENTAGE (%)
1	SECONDARY	2007	W.B.B.S.E.	D.H.S.	800	389	48.62
2	H.S	2009	W.B.C.H.S.E.	P.P.H.S.	500	251	50.02
3	B.A	2012	K.U	S.K.C.B.	1400	637	45.50
4	B.P.ED	2014	W.B.S.U.	P.G.G.I.P.E.	1400	903	64.50
5	M.P.ED	2016	W.B.S.U.	P.G.G.I.P.E.	800	488	61
6	P.G.D.Y.E	2016	CALCUTTA	R.K.M.S.M Belur Math	800	567	70.875

### CAREER PROFILE / TEACHING EXPERIENCE

1. Working as State Aided College Teacher at the Department of Physical Education of Srikrishna College, Bagula, Nadia, West Bengal, since 01.01.2020 to till date.
2. Served as a Guest Lecturer for Physical Education in the Dept. of Physical Education, of Srikrishna College, Bagula, Nadia, West Bengal, since 28.11.2016 to 31.12.2019.
3. Former Lecturer for Health and Physical Education in the Dept. of Physical Education, of Dainhat Joy Matara P.T.T.I, Kanralia, Nadia, Pin-741153, West Bengal, since 21.07.2017 to 31.12.2019.

## WORKSHOP PARTICIPANT:

1. Participated Six Days National Level Workshop On “**Development of Personality Through Yoga Education**” Organized By Ramakrishna Mission Sikshanamandira, Belur Math, Howrah-711202. Held from 22<sup>nd</sup> to 28<sup>th</sup> March,2017.
2. Participated Two Days National Workshop On “**Gender- Based Violence and Prevention of Sexual Harassment at Workplace**” Organized By Internal Complaints Committee of Army Institute of Education, Greater NOIDA. Held on 13-14 August 2020.

## SEMINAR PARTICIPANT:

1. Participated Six Days National Level Workshop On “**Development of Personality Through Yoga Education**” Organized By Ramakrishna Mission Sikshanamandira, Belur Math, Howrah-711202. Held from 22<sup>nd</sup> to 28<sup>th</sup> March,2017.
2. Participated Two Days National Workshop On “**Gender- Based Violence and Prevention of Sexual Harassment at Workplace**” Organized By Internal Complaints Committee of Army Institute of Education, Greater NOIDA. Held on 13-14 August 2020.
3. Participated Two Days International level seminar On “**Development of Personality Through Yoga Education**” Organized By Ramakrishna Mission Sikshanamandira, Belur Math, Howrah-711202. Held from 20<sup>th</sup> to 21<sup>st</sup> March, 2017.
4. Participated One Day state level Seminar On “**Impact of GST on Indian Economy**” Organized by Dept. of Commerce, Srikrishna College, Bagula, Nadia. Held on 15<sup>th</sup> january,2020.
5. Participated Two Days International Webinar on “**Exercise for Holistic Health and Wellness**” Organized by Department of Physical Education, Prabhat Kumar College, Contai, Purba Medinipur, West Bengal- 721404, India held on 2<sup>nd</sup> and 3<sup>rd</sup> August 2020.
6. Participated One Days National Webinar on “**Challenges of Health, Eitness & Wellness During Covid-19 ERA**” Organized by Department of Physical Education, Srikrishna College, Bagula, Nadia. Held on 29<sup>th</sup> July, 2020.
7. Participated Two Days International Webinar on “**Trends of Development of Physical Education and Education In 21<sup>st</sup> Century**” Organized by Department of Physical Education and Education, Chandrapur College, Purba Bardhaman, West Bengal, India. Was held on 25<sup>th</sup> and 26<sup>th</sup> July 2020.
8. Participated One Days National Webinar on “**Artistic Teacher and Art Education**” Organized by Raiganj B. Ed College (Govt. sponsored) West Bengal, India. Was held on 12<sup>th</sup> August 2020.
9. Participated Two Days International Webinar on “**Sustainable Development In India Subcontinent**” Organized by Department of Geography and IQAC, Asannagar Madan Mohan Tarkalankar College, Asannagar, Nadia- 741161, West Bengal, India. Held on 12 & 13 August 2020.

10. Participated Two Days International Webinar on “**Sustainability Amidst The Covid-19 Pandemic**” Jointly Organized by Department of Botany and Department of Zoology, in Association with IQAC, Charuchandra Collgee , Kolkata, West Bengal, India. Held on 12<sup>th</sup> and 13<sup>th</sup> August 2020.
11. Participated One Day National level Webinar on “**Maintenance of Physical and Mental Fitness During Pandemic Period**” Organized by Department of Physical Education in collaboration with IQAC, Bethuadahari College, Nadia, West Bengal India .Held on 15<sup>th</sup> August, 2020.
12. Participated One Day International Webinar on “**Effect of Nutrition, Physical Activity & Yogic Practice on Fitness & Wellness During Covid- 19 Pandemic**” Organized by Department of Physical Education in collaboration with IQAC, Dwijendralal College, Krishnanagar, Nadia. Held on 7<sup>th</sup> August, 2020.
13. Participated Two Days National level Webinar on “**Indian Concept of hygiene: Ancient and Modern Perspective**” Organized by Department of Sanaskrit in collaboration with IQAC, Dwijendralal College, Krishnanagar, Nadia. Held on 9<sup>th</sup>and 10<sup>th</sup> August, 2020.
14. Participated Two Days International Webinar on “**Physical Fitness & Psychological Awareness with Respect to Current Scenario**” Organized by Department of Physical Education & IQAC, Dr. C.V. Raman University, Kota Bilaspur(C.G) held on 07& 08 August 2020.

### RESEARCH PAPER PUBLICATION:

Sl. No.	Journal Type	Title of Paper	Authorship	I/N/S	Published in	ISSN/ISBN with Vol. & Issue, Page.	Year
<b>Research Paper published in National and International Journal</b>							
1		“A Relationship study on anthropometric variables with skill ability of soccer players”	Co-author (2)	National	Indian Journal of Sesearch	ISSN No: 2250-1991	2018
2		“A Relationship study on physical fitness components with skill ability of soccer players”	Co-author (2)	Internation	Global innovation and research in education sports sciences and yoga (VOL-II)	ISSN: 978-93-87072-19-0	2017

### PERSONAL DETAILS:

1. **Father’s Name: Joydeb Modak**
2. **Mother’s Name: Sabitri Modak**
3. **Gender: Male**
4. **Citizenship: Indian**
5. **Permanent Address: Vill+ P.O- Puratan Chapra, P.S- Dhantala, Dist- Nadia, Pin- 741202**



## REFEREES:

1. Dr. Malay Kumar Mukhopadhyay, Assistant Professor, P.G.G.I.P.E., Banipur, North 24 Pargana & OSD, Higher Education Department, Govt. of West Bengal, West Bengal, india. Ph No- 7003309756
2. Dr. Amit Baberjee , Assistant Professor, P.G.G.I.P.E., Banipur, North 24 Pargana ,West Bengal, india. Ph. No-8902218811

## DECLARATION :

*I hereby declare that above information in this application are true, complete and correct to the best of my knowledge & belief.*

Place: Ranaghat, Nadia, West Bengal.

Date: 15.02.

Yours Sincerely,

*Sajal Modak*

**(MR. SAJAL MODAK)**